

The 5-Fold Life



You're not a type,
You're a Design

Unlock life the way God intended

Blake Young

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Published by 5 FoldLife, LLC

Dallas, Texas, USA

First Edition, 2025

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Dedication

To the Lord my Shepherd, my Source, my Sustainer. Every word, every revelation, every heartbeat in these pages flows from Your grace. You took me on this journey long before I had the language for it. Thank You for trusting me with this.

To my incredible wife Lizzie, your prophetic spirit, unwavering faith, and quiet strength have been the anchor in every season. You don't just support the vision; you see it before I do.

To my three radiant daughters Keilani, Zion, and Shiloh. You inspire me daily with your joy, curiosity, and fire. May you always know the depth of your own God-given spark.

To Pastor Mark and Jemima Varughese thank you for believing in us and for trusting us to pioneer as part of this global Kingdomcity movement. From the dusty streets of Botswana to the bright chaos of Sydney and now the wide-open fields of Dallas you've championed the call, covered us with your Apostolic mantle, and released us to run.

This is for the builders, the dreamers, the unseen shepherds, the spark-starters, and every believer saying yes to the Fivefold life. Let's go.

Introduction

I never set out to write a book. I set out to build.

Churches. Teams. Movements. Moments.

From the dusty streets of Botswana to the beachside cafes of Sydney and now the wide skies of Dallas, I've been chasing the call God planted in my bones to start things, to gather people, to spark something where nothing was. But along the way, I kept bumping into a question I couldn't shake:

“Why do we lead so differently? And why does it all still feel divine?”

In the middle of that wrestle, I stumbled on the Fivefold in Ephesians 4 not as a theology to study, but as a lens that started explaining everything: why one teammate felt the room's undercurrent before anyone else, why another carried the party and the Gospel in the same breath. Why I burned to start, even when no one else caught the vision, it was more than personality it was purpose. Design. Doma. A God-wired spark echoing Christ Himself.

This book was born from that journey.

It's not academic though it's rooted in Scripture. It's not just for church leaders though I've bled into it through years of planting Kingdomcity campuses. It's a mirror. A map. A movement. For the believer who feels the stir but hasn't had words for it. For the high school student breaking open with boldness. For the tired leader who wonders if the call is still real.

We're not all the same. But we're all called. And when we live out who we truly are in Him Apostolic, Prophetic, Pastoral, Evangelistic, Teaching we don't just build the Church. We become it.

Part I: Foundations of the Fivefold Life

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